

May 2026

SPECIAL POINTS OF INTEREST:

- ◆ CU Health Plan Summary
- ◆ Referral Policies
- ◆ Behavioral Health
- ◆ Open Access for OB/GYN & Ophthalmology
- ◆ Medications
- ◆ Rocky Mountain Cancer Center
- ◆ Medical Management Criteria
- ◆ Financial Incentives

⇒ **Business Hours:**
M-F; 8:00 am - 4:30 pm




⇒ **Closed Holidays/Weekends**

CU HEALTH PLAN EXCLUSIVE CONTACT INFORMATION:

Email:
MedManagement@cumedicine.us
Phone: (303) 493-7507
Fax: (303) 493-7501

CU EXCLUSIVE HEALTH PLAN UPDATES

The CU Exclusive Health Plan is offered to employees of University of Colorado, University of Colorado Medicine and their families.

 HMO Colorado <i>An Anthem Company</i>		Exclusive  Health Plan	
Member ID: XRU		PCP: JOHN STEVEN GERA 1-303-632-3640 MED PLAN: OUA HMO Colorado, Inc.	
Group No:	195610X061	Primary Care	\$30
Rx Bin/PCN:	003858/A4	Specialist Care	\$40
Rx Group:	WLEA	After Hrs/Urg Care	\$30
Coverage(s):		ER	\$250
Pharmacy - Medical Blue View Vision		Deductible May Apply	
			

CU EXCLUSIVE HEALTH PLAN SUMMARY

The CU Exclusive Health Plan leverages the Patient Centered Medical Home model where members receive the majority of their care from their PCPs. Members must establish care with their PCP. The insurance card carried by the patient will have the network location phone numbers listed on the back for pre-authorization.

Points to remember:

- **We do not have an online portal.** Requests must be submitted to the email or fax listed on page three.
- **We use the [Anthem CO Precert list](#) to determine if auth is required except as below.**
- **EXCEPTION:** We review DEXA scans, CPT codes 77080, 77081, 77089
- **Please ensure you include clinical notes or supporting documentation with your prior authorization request to prevent any processing delays.**
- No copay for preventive visits.
- Our plan year goes July 1st to June 30th. All authorizations end 6/30 each year.
- Rocky Mountain Cancer Center (RMCC) is only in network for members accessing cancer care at Yampa Valley Medical Center or at the Longmont or Pueblo RMCC locations.

CU Health Plan – To determine the directory of in-network providers please refer to the microsite (<https://www.anthem.com/mcr/cuhealthplan/find-care>), click “Find a doctor.” If you have any questions, please contact CU Health Plan Medical Management at MedManagement@cumedicine.us or (303) 493-7507.

CU EXCLUSIVE HEALTH PLAN NEWSLETTER

REFERRAL POLICIES

All CU Health Plan Exclusive members are encouraged to leverage their Primary Care Physician (PCP) who will appropriately route care as needed, per the Primary Care Medical Home model. While no referral is needed to see an in-network specialist, the PCP may refer members as above. Prior authorization or out-of-network referrals will need to be approved by Medical Management prior to receiving care outside of the member's network.

For a list of network providers, please go to the website at: <https://www.anthem.com/mcr/cuhealthplan/find-care>

INFERTILITY TREATMENT

Members with or without a diagnosis of infertility needing medical services to achieve pregnancy can access the fertility benefit through WIN Fertility Services (WFS). Prior authorization through WFS is required before initiation of medical treatment for family building. For more information, contact WFS: 800-430-6068,

BEHAVIORAL HEALTH

All Behavioral Health is managed by Anthem Behavioral Health (ABH). Members may self direct to ABH services.

Please direct members to the ABH phone number on the back of their ID card: (800) 424-4014.

A listing of providers may be found on the website listed above

OPEN ACCESS FOR OB/GYN AND OPHTHALMOLOGY

Per state law, Members have Open Access (no referral required) to both OB/GYN and Ophthalmology services. However, they **MUST** stay within their plan network.

For a list of network providers, please go to the website listed above.

⇒ **Exception to Ophthalmology:** Diagnostic care

MUST be rendered at an in-network facility.

• Routine care is subject to vision care benefits purchased by employee.

PRESCRIPTION BENEFITS

CVS Caremark now manages CU Health Plan prescription benefits. Prior authorization requests (PARs) for prescriptions should be sent to them. However, there are some exceptions for the CU Health Plan – Exclusive members: Any injectable medications given in the outpatient infusion clinic and some given in a provider's office require prior authorization through CU Health Plan Medical Management. The prior authorization form for these drugs is attached. To request a drug, please complete the form, attach all relevant clinical information to support the request, and fax to the number provided. Please note that UHealth Pharmacies are no longer preferred on the plan. Patients may use CVS or other Caremark network pharmacies for short term prescriptions. Maintenance and specialty medications must be filled by CVS or CVS mail order.

Find more information about prescription benefits here:

<https://www.anthem.com/cuhealthplan/pharmacy/>

Medication questions?

Tiers 1-4: Please contact CVS Caremark at 888-964-0121

Facility Administered Medications: Please contact CU Health Plan Medical Management at (303) 493-7507 or email MedManagement@cumedicine.us

ROCKY MOUNTAIN CANCER CENTER

Rocky Mountain Cancer Center (RMCC) is only in-network for members accessing cancer care at Yampa Valley Medical Center at the RMCC Longmont or Pueblo locations. Any other RMCC locations are NOT in-network. Please call the CU Medical Management team at 303-493-7507 with any RMCC questions or concerns.

CU EXCLUSIVE HEALTH PLAN NEWSLETTER

MEDICAL MANAGEMENT CRITERIA

CU Health Plans Medical Management utilizes the CU Exclusive Plan Document, Anthem Medical Management medical policies, and Carelon Guidelines (a nationally recognized guideline tool) to make utilization management decisions.

If you have any questions regarding the guidelines or would like to request a copy, please contact the Medical Management team at MedManagement@cumedicine.us.

If a provider needs to have a peer-to-peer discussion with a Medical Director, he/she can also contact the Medical Management team (303) 493-7507 to facilitate.

Providers can access relevant criteria by going to: [CU Exclusive plan document](#)

[Anthem medical policies/criteria](#)

[Anthem clinical criteria for facility administered medications](#)

[Carelon guidelines](#)

FINANCIAL INCENTIVES

CU Health Plan Medical Management decisions are based only on appropriateness of care and service, and existence of coverage.

CU Health Plan Medical Management does not specifically reward practitioners or other individuals for issuing denials of coverage, service or care. Individuals involved in utilization management decisions are not compensated directly or indirectly for denials of coverage or care. Financial incentives for Utilization Management decision makers do not encourage decisions that result in under-utilization.

Any questions on this statement can be directed to me, or directly to CU Health Plan Medical Management at (303) 493-7507.

Richard Penaloza, M.D.
Assoc. Professor, Medicine-Internal Medicine

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