



RESOURCE GUIDE FOR CAREGIVERS AND FAMILIES

UPDATED NOVEMBER 2025

[uhealth](https://www.uchealth.org)

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SECTION 1: GENERAL RESOURCES

GENERAL RESOURCES FOR OLDER ADULTS

SENIORS BLUE BOOK

Tel: 303-888-8472

<https://www.seniorsbluebook.com>



Free resource directory of Senior Housing, Care, Resources, and Services.

DENVER PUBLIC LIBRARY OLDER ADULT SERVICES

Tel: 720-865-1123

<https://www.denverlibrary.org/olderadults>



The Denver Public Library offers a wide range of services for older adults including, information on community resources, as well as events and classes geared towards older adults and caregivers. Memory Cafe programs are available. Sign-up to receive the Older Adult Services monthly newsletter!

SILVER SNEAKERS EXERCISE PROGRAM

<https://www.silversneakers.com>

DRCOG – AREA AGENCY ON AGING

Tel: 303-888-8472

<https://drcog.org/area-agency-aging>



Denver Regional Council of Government - Area Agency on Aging (DRCOG-AAA) plans and provides comprehensive services to address the needs for the eight-county region's population of older adults and people living with disabilities. Caregiver support programs are available.

AGEWISE COLORADO

<https://agewisecolorado.org/>



Offers a curated list of Colorado based resources for older adults including, a provider directory, financial and legal professionals, in-home care, and much more. AgeWell Colorado offers and webinars and events on a variety of topics.

COLORADO 2-1-1

Tel: 2-1-1 or 866-760-6489, Text: text your ZIP CODE to 898-211

www.211colorado.org/adrd



Colorado 2-1-1 offers comprehensive resources for individuals and families affected by Alzheimer's Disease and Related Dementias (ADRD), including support groups, memory cafés, adult day programs, respite care, and secured housing options.

EMERGENCY CARE ALTERNATIVES

DISPATCH HEALTH

Tel: 888-908-0553

<https://www.dispatchhealth.com/>



Dispatch Health provides advanced medical care in your home. Dispatch Health is able to treat a wide range of common to complex injuries and illnesses that are urgent, but not life or limb threatening. Dispatch Health is partnered with the leading health insurance companies, including Medicare and Medicaid, to ensure that your care is covered under your current plan. Dispatch Health typically bills through your insurance like an urgent care, but provide services in-home.

LIFT ASSIST NON EMERGENCY*

Lift Assist is provided through your local fire or police station and can help individuals or caregivers if someone falls and needs help getting them up. Some areas are covered by more than one fire or police station so, when you call you may have to call another station depending on where the individual is located. The dispatcher will let you know. There is no charge for Lift Assist.

Tell the dispatcher "This is a Non-Emergency Lift Assist – No Sirens – No Lights"

*Numbers may change. If your city is not below, call 911 to ask for lift assistance.

- Arvada: 303-424-5566
- Aurora: 303-627-3100
- Brighton: 303-659-2629
- Boulder: 303-441-4444
- Broomfield: 911
- Centennial: 911
- Denver: 720-913-2400
- Edgewater: 911
- Englewood: 720-913-2200
- Evergreen: 303-277-0211
- Golden: 303-384-8045
- Lakewood: 303-969-0245
- Littleton: 303-794-1555
- Thornton: 911
- Sheridan: 303-762-2211
- Westminster 303-658-2400 (Option #1 then 0)
- Wheat Ridge: 303-232-4357

INSURANCE, FINANCIAL & LEGAL RESOURCES

COLORADO GERONTOLOGICAL SOCIETY

Tel: 303-333-3482

<https://www.senioranswers.org>



CGS can provide assistance with questions regarding health insurance, food supplies, housing options, & nursing home placements. CGS has counselors available to work with individuals to meet their needs.

PERSONAL ASSISTANCE SERVICES OF COLORADO

Tel: 303-233-3122

<https://pascohh.com/>



PASCO provides a wide range of services for individuals with disabilities including assistance with caregivers receiving payment for providing care to Medicaid recipients. Services may be provided by CGS staff, other agencies, or volunteers.

COLORADO OFFICE OF PUBLIC GUARDIANSHIP

Tel: 720-552-5215

<https://colorado-opg.org>



Provides guardianship services for indigent and incapacitated adults, within the targeted judicial district, when other guardianship possibilities are exhausted.

VETERAN SERVICE OFFICER — VA

<https://vets.colorado.gov/services/county-veterans-service-offices>



Each county in Colorado has a Veterans Service Office that offers free assistance to veterans. Their Service Officers specialize in assisting veterans, and their family members, with claims, applications, and appeals to the VA. If you are considering requesting services or submitting an application to the VA, we strongly recommend that you contact your County Veterans Service Office. To speak with a social worker to learn of benefit information: 303-399-8020, Option 2

COLORADO RESPITE COALITION — FAMILY RESPITE VOUCHER PROGRAM

<https://coloradospitecoalition.org/family-caregivers/family-respite-voucher-program/>



Colorado Respite Coalition offers financial vouchers to afford respite services. Contact to learn more about completing an application and requirements for qualifying. Vouchers typically range between \$250–\$1000.

STATE HEALTH INSURANCE PROGRAM — SHIP

Tel: 303-480-6835

For Medicare questions during open enrollment.

INSURANCE, FINANCIAL & LEGAL RESOURCES (CONTINUED)

SENIORS' RESOURCE CENTER — SRC

3227 Chase St Denver CO 80212

Tel: 303-238-8151

Seniors' Resource Center is dedicated to improving the quality of senior's lives. They offer broad based community education along with information; select senior services, legal referral, transportation, employment resources and adult day care.

COLORADO LEGAL SERVICES

<https://www.coloradolegalservices.org/>



Legal help for low-income Coloradans seeking assistance with civil legal needs.

BENEFITS IN ACTION

Tel: 720-221-8354

Email: info@benefitsinaction.org

For assistance with applying for long term Medicaid or comprehensive food and health-related benefit application assistance and program navigation.

CLARITY

<https://planforclarity.org/en/welcome>



Free, online educational platform designed to help people with memory difficulties and their family care partners with financial planning. Offers easy-to-use web pages and videos with personalized information and action steps to help you plan. Available in English and Spanish.

HELPING HANDS CONSULTING

Tel: 303-717-6082

Email: info@helpwithltcmedicaid.com

<https://www.helpwithltcmedicaid.com/>



Out of pocket expense. Provide assistance with applying for Long-term Medicaid and appealing denial decisions, as well as completing annual redeterminations. Also available to answer questions about applying for Medicaid.

TRANSPORTATION

GETTING THERE GUIDE

Tel: 303-243-3113

<https://drmac-co.org/getting-there-guide/>



VIA

Tel: 303-444-3043 (to set up account) AND
303-447-9639 to set up trip (8:00–4:30pm
Monday–Friday)

A free service (donations are welcome) for transportation to medical appointments as well as other errands. Call at least 7 days prior to appointment. Does not provide transportation in Douglas County.

ELDER CONCIERGE SERVICES

Tel: 720-217-8137

Concierge Companion for Medical Visits.

HEAVENLY HANDS TRANSPORTATION

Tel: 720-281-3109

A non-emergency, non-medical transportation company.

GO GO GRANDPARENT

Tel: 855-464-6872

On-demand Uber & Lyft rides for Seniors. Provide assistance with oxygen and wheelchair needs.

SENIORS' RESOURCE CENTER — SRC

3227 Chase St Denver CO 80212

Tel: 303-238-8151

Seniors' Resource Center offer broad based community education along with information; select senior services, legal referral, transportation, employment resources and adult day care.

DRIVING MISS DAISY USA

Tel: 303-618-3200

Transportation service specifically for older adults.

INTELLIRIDE

Tel: 303-398-2155

Provide transportation to medical appointments for Medicaid patients only. Medicaid ID# is needed to schedule transportation. Initial sign-up is needed.

RTD ACCESS A RIDE

Tel: 303-299-2960

<https://www.rtd-denver.com/routes-services/other-services/access-a-ride>



Available for individuals ADA Certified only. Requires ADA certification prior to riding.

TO THE RESCUE TRANSPORTATION

Tel: 720-851-2100

<https://totherescue.net/locations/colorado/transportation-services-p/>



Service area includes Greater Denver Area and Douglas County. Wheelchair accessible vehicles available.

SECTION 2: DEMENTIA SPECIFIC RESOURCES

COMPREHENSIVE DEMENTIA CARE PROGRAMS

Guiding an Improved Dementia Experience, known as GUIDE, is a program designed to support comprehensive and coordinated care for those living with dementia. As the first dementia care management program funded by the Centers for Medicare & Medicaid Services (CMS), the GUIDE program works with primary care and other health care providers with goals to improve quality of life for people with dementia, reduce strain for family caregivers, and help those with dementia to remain in their homes and communities. Visit the website to learn more about the Centers for Medicare and Medicaid's GUIDE program: <https://www.cms.gov/priorities/innovation/innovation-models/guide>

LOCAL GUIDE PROVIDERS IN COLORADO

CU MEDICINE GUIDE

<https://www.cumedicine.us/services/guide>

Locations served: Denver Metro and Boulder
Eligible participants must live at home or independent living (must not live in long term care).

TRU COMMUNITY CARE

<https://www.trucare.org/our-services/dementia-support/>

Tel: 303-449-7740

Locations Served: Adams, Boulder, Broomfield, Denver, Douglas, Arapahoe, Jefferson, Weld (partial) and Larimer (partial)

HOPEWEST DEMENTIA SUPPORT

<https://www.hopewestco.org/dementia-support/>

Tel: 970-248-4400

Locations Served: Grand Junction, western CO from Platte Valley to Utah Border, Montrose and Delta Counties

ALLWAYS SUPPORTIVE CARE

<https://allwaysupportivecare.com/registration/>

Tel: 720-295-1844

Locations Served: Denver, Arapahoe, Adams, Jefferson, Boulder, Broomfield, Douglas, Pueblo, Fremont, Custer, La Plata, Montrose, Motezuma, Archuleta, Delta, Dolores, Mesa, Larimer, Weld, Chaffee, and Teller Counties

BLOOM HEALTHCARE

<https://bloomhealthcare.com/the-guide-model/>

Tel: 303-993-1330

Locations Served: Denver Metro, north to Fort Collins, and south to Colorado Springs. Embedded within many assisted living communities, also provide primary care and hospice services

JOURNEY OF CARE

<https://journeyofcare.com/guide-enrollment/>

Tel: 720-823-3373

Locations Served: Denver, Boulder, Colorado Springs

LOW-COST ACTIVITIES FOR PEOPLE WITH DEMENTIA

Check your local YMCA, rec center, and senior centers for additional resources.

DENVER BOTANIC GARDENS

1007 York St., Denver, CO 80206

<https://www.botanicgardens.org/programs/spark>

SPARK featured activity. Denver Botanic Gardens offers monthly activities for participants in early-stages of Alzheimer's or dementia and their care partners to enjoy hands-on horticulture related activities. Events are free. Registration required - register online.

NEUROPONG

Tel: 303-667-1735

<https://neuropong.org/our-locations/>

NeuroPong™ harnesses the power of table tennis to improve physical, cognitive, and emotional well-being for those living with neurodegenerative conditions. Join us in creating a community of hope and healing through play.

MEMORY CAFÉ AT DENVER PUBLIC LIBRARY

Denver Public Library Tel: 720-865-1123

The Memory Café is offered by the Denver Public Library for people experiencing memory loss, along with their friends, family, and caregivers. Providing a fun, social, and safe place, The Memory Cafe starts with a program (like music, art and other enriching activities), followed by socializing over coffee and treats. Formal care or supervision not provided.

To locate a memory café outside of Denver, visit: <https://dfamerica.org/memory-cafe-directory/>

OPENING MINDS THROUGH ART — OMA

Multiple Locations

Tel: 513-529-2914

Opening Minds through Art (OMA) is an art-making program for people with Alzheimer's disease and other forms of neurocognitive disorders. The program provides opportunities for creativity and social engagement for people with dementia.

LOW-COST ACTIVITIES FOR PERSON WITH DEMENTIA (CONTINUED)

DENVER ART MUSEUM: ART AND ABOUT

100 W 14th Ave. Pkwy., Denver, Colorado

Tel: (720) 865-5000

Email: access@denverartmuseum.org

SPARK featured activity. Art & About tours are designed for visitors with early-stage Alzheimer's or dementia and their care partners. Events are free. Registration required.

MUSICAL MEMORIES AT SWALLOW

HILL MUSIC

Tel: 303-777-1003

<https://swallowhillmusic.org/music-therapy/>



Singing and reminiscence music therapy class in Denver.

MY DENVER PRIME

<https://denvergov.org/Government/Agencies-Departments-Offices/Agencies-Departments-Offices-Directory/Parks-Recreation/Activities-Programs/Active-Older-Adults/My-Denver-Prime>

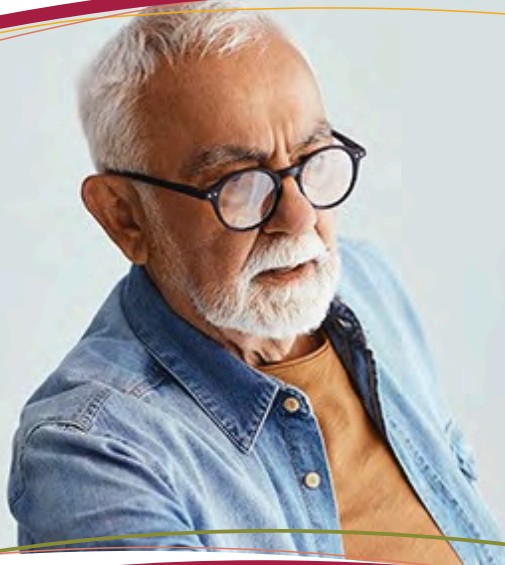


Membership for Denver residents ages 60+ for FREE access to all the city's recreation centers and pools, including drop-in fitness classes and clubs.

MUSIC'S MEMORIES

Tel: 303-805-3208 (Heather Ballantyne)

Music and movement class in Parker.



LOW-COST SERVICES

A LITTLE HELP

2755 S. Locust St. #220 Denver, CO 80222
Tel: 720-242-9032

Volunteer led organization. Provide a variety of services including light housecleaning, yard care, and snow removal. Requires membership to receive services and offer a “pay what you can” payment model.

VOLUNTEERS IN ACTION

Tel: 303-713-9144
www.VIAdenver.org

JEWISH FAMILY SERVICES

Tel: 720-248-4701
<https://www.jewishfamilyservice.org/services/older-adult-care>

Jewish Family Services offer a variety of services to promote older adults ability to remain in their homes independently including, meal delivery services, volunteer companionship services, & care manager services.

AGING RESOURCES OF DOUGLAS COUNTY

Tel: 303-814-4300
<https://www.agingresourcesdougco.org/>

Provide donation based services including transportation, help at home and companionship.

CARE CONSULTANT SERVICES

Care Consultant Services are available at cost and can help families navigate dementia care decisions and may provide guidance on home modifications to support independence, identifying home health agencies and/or long-term care placement among many other services. Care Consultant Services that offer private case management can be especially useful to families that do not live in the same area as their care recipient.

WESTERN CARE PARTNERS

Tel: 720-675-9902
<https://westerncarepartners.com/contact/>

Care consultations & family mediation.

KAY ADAMS COMPASSION WORKS

Tel: 303-875-5508
<https://www.kaymadams.com/>

Dementia coach, consultant, LCSW.

MARGO ALLMAN

Tel: 303-521-0387

Private case manager.

KINSMAN CARE MANAGEMENT

Tel: 303-210-2953
<https://www.kinsmancare.net/>

Private case manager and guardianship services.

FINANCIAL ASSISTANCE FOR HOME CARE

DRCOG RESPITE VOUCHER

Tel: 303-480-5656
Email: caregiversvc@drcog.org
<https://bit.ly/drcog-aaa>

A voucher program to help eligible caregivers get a break from their caregiving duties. Contact to learn more.

COLORADO RESPITE COALITION VOUCHERS, GRANTS, & REIMBURSEMENTS

<https://coloradospitecoalition.org/family-caregivers/paying-for-respite-care/>

Colorado Respite Coalition offers financial vouchers to afford respite services. Visit their website to learn more about their options available to help pay for respite services.

LOCAL HOME CARE SERVICES

DECIDE ON THE TYPE OF SERVICE NEEDED

- **Companion Services:** Help with supervision, errands, fun activities, and visiting.
- **Personal Care Services:** Help with dressing, toileting, bathing, eating, exercising, and other personal care tasks.
- **Homemaker Services:** Help with cooking, housecleaning, laundry, and grocery shopping.
- **Skilled Care or Health Management:** Usually ordered by a physician and provided by a licensed health care professional. Can assist with medications, injections, wound care, as well as speech, occupational, or physical therapy.

HOME CARE AGENCIES

Home care agencies can save you time by hiring and selecting a caregiver for you. Services typically cost more than private caregivers.

VISITING ANGELS SERVING METRO DENVER

Tel: 303-736-6688

<https://www.visitingangels.com/denver/home>

HOME INSTEAD SENIOR CARE NORTH DENVER METRO AREA

Tel: 303-463-1900

<https://www.homeinstead.com/home-care/usa/co/denver/292/>

A CARING HEART AND HAND

Tel: 303-515-0215

<https://acaringhandandheart.com/>

LOVE NEVER FAILS

Tel: 720-808-2804

<https://www.loveneverfailshomecareagency.com/>

A BETTER SOLUTION IN HOME HEALTH CARE

Tel: 877-585-9011

<https://www.absihc.com/>

PURPOSEFUL STAFFING

Tel: 720-676-9592

www.purposefulstaffingllc.com

ALPINE HOMECARE

Tel: 303-309-6202

<https://www.alpinehomecare.com>

RIGHT AT HOME

Tel: 720-875-1800

<https://www.rightathome.net/denver>

ALWAYS BEST CARE SENIOR SERVICES

Tel: 303-952-3060

<https://alwaysbestcare.denver.com/>

PRIVATE PAY HOME CARE

Private pay or direct hire home care are often an affordable home health service option. Websites hosting home health aides available for direct hire typically require a membership fee. Always complete a background check when directly hiring an individual.

CARE

<https://www.care.com/>



SITTERCITY

<https://www.sittercity.com/>



LIVE-IN HOME CARE

GRANDMA JOAN LIVE-IN CARE CONSULTING AND RECRUITING

Tel: 1-888-250-2631

<https://grandmajoan.com/>



ADULT DAY PROGRAMS

CLERMONT PARK ADULT DAY

2479 S Clermont St Denver, CO 80222

Tel: 720-974-7275

<https://clermontpark.org/living-options/adult-day-services/>

Clermont Park Adult Day program in Denver aims to offer a social club setting for participants. The program offers social activities, games, music and learning opportunities that are essential to a healthy, happy life. Clermont Park partners with Rhythms Home Care to also offer in-home senior care in Denver, CO.

INNOVAGE COLORADO (PACE)

Tel: 844-385-6796

<https://www.innovage.com>

InnovAge provides all-inclusive care that includes primary and specialty care, medications, coordination, transportation, meals, and more. Funded by Medicare and Medicaid, most seniors enroll at little to no cost. For persons with Medicaid, this provides primary care and associated medical care.

CENTURA ADULT DAY PROGRAM AT THE GARDENS AT ST. ELIZABETH

2835 W 32nd Ave Denver CO 80211

Tel: 303-964-2361

The Gardens' Adult Day Program provides a structured, enjoyable environment with group activities that support independence and personal growth. Medicaid accepted.

SENIORS' RESOURCE CENTER — SRC

3227 Chase St Denver CO 80212

Tel: 303-238-8151

Seniors' Resource Center offers broad based community education along with information; select senior services, legal referral, transportation, employment resources and adult day care.

ALPINE ADULT DAY CARE

1985 S Havana St, Aurora, CO 80014

Tel: 303-755-8002

The Alpine Adult Day Care center provides affordable, high quality adult day care in Aurora. Transportation services available.

2ND HOME ADULT COMMUNITY CENTERS

Tel: 720-281-1536

Four Locations:

- 10730 E Iliff Ave Aurora CO 80014
- 2990 S Peoria St Aurora CO 80014
- 3138 S Parker Rd Aurora CO 80014
- 1200 S Abilene St Unit C, Aurora CO 80012

2nd Home has multiple locations, each specializing in diverse populations and languages. Call to learn more about each location and the populations served.

SKY CLIFF CENTER

4600 E. Hwy. 86 Castle Rock, CO 80104

Tel: 303-814-2863

Email: skycliffctr@skycliff.org

<https://skycliff.org/>

Provide adult day services including meals and weekly outings in the community. Accept Medicaid waivers and partnered with Veterans Affairs (VA). Private pay option available.

SECTION 3: DEMENTIA CAREGIVER SPECIFIC RESOURCES

CAREGIVER SELF-CARE

Counseling Services for Care Partners

INSIGHT & BLOOM CENTER FOR PSYCHOTHERAPY

Tel: 303-416-6260

Email: me@kristiewood.com

www.kristiewood.com



A WISER MIND BEHAVIORAL HEALTH SERVICES

Accepts most major insurances

Tel: 303-951-4323 x 1001

Email: info@awisermind.com

SINCLAIR PSYCHOLOGY

Tel: 845-533-2789

Email: info@sinclairpsychology.com

www.sinclairpsychology.com/



Other Self-Care Options

SIT AND BE FIT

<http://www.sitandbefit.org>



MINDFULNESS ACTIVITIES

<http://ggia.berkeley.edu>



CAREGIVER SUPPORT GROUPS & HOTLINES

LEWY BODY DEMENTIA ASSOCIATION COLORADO CHAPTER SUPPORT GROUP

Contact Deb Wells, group leader:
Tel: 720-699-9278
Email: dkwells222@gmail.com

For LBDA online, virtual support group
for spouses:
<https://groups.io/g/LBDCaringSpouse>

LBDA Lewy Line - 800-539-9767,
support@lbda.org



LORENZO'S HOUSE <https://lorenzohouse.org/>



Virtual support groups and events
for families impacted by younger-
onset dementia.

VA CAREGIVER SUPPORT LINE & PROGRAM

Tel: 855-260-3274
(M-F, 6a-8p; Sat, 6a-3p)
<http://www.caregiver.va.gov>



ALZHEIMER'S ASSOCIATION – COLORADO CHAPTER

Tel: 800.272.3900 (contact for services and 24/7
caregiver support hotline)
https://www.alz.org/co/helping_you



Local classes, trainings, consultation,
and programming with trained
professionals. The Alzheimer's
Association offers caregiver support
groups and a wide variety of
educational resources available through their website.

ROSALYNN CARTER INSTITUTE CAREGIVER CRISIS TEXT LINE

Text TOUGH to 741741 for free, 24/7 caregiver
crisis counseling

THE HEARTLIGHT CENTER

Tel: 720-748-9908
<https://heartlightcenter.org/>



The Heartlight Center offers
anticipatory grief support groups.
Meetings are available in-person and
virtual. Group support options are free
with a suggested donation of \$15.

DEMENTIA CAREGIVING RESOURCES

ALZHEIMER'S ASSOCIATION'S COMMUNITY RESOURCE FINDER

<http://www.communityresourcefinder.org/>



ALZHEIMER'S ASSOCIATION ALZNAVIGATOR

<https://www.alz.org/help-support/resources/alznavigator>



DEMENTIA TOGETHER

<https://dementiatogether.mykajabi.com/>



SPECAL Virtual Educational Trainings. Free introductory course available.

CAREGIVING EDUCATION VIDEOS & PODCASTS

DEMENTIA CAREBLAZERS

<https://www.careblazers.com>



UCLA CAREGIVER EDUCATION

<https://www.uclahealth.org/medical-services/geriatrics/dementia/caregiver-education/caregiver-training-videos>



FAMILY CAREGIVER ALLIANCE YOUTUBE CHANNEL

<https://www.youtube.com/user/CAREGIVERdotORG>



CONVERSATIONS WITH CAREGIVERS YOUTUBE CHANNEL

<https://www.youtube.com/watch?v=BZLdy7H0YD8&list=PL3BRrqTEEZ5z5yjjV19qjL50Vr-CxoWe4>



TEEPA SNOW DEMENTIA CARE PARTNER TALK SHOW

<https://teepasnow.com/services/talk-show/>



CAREGIVING EDUCATION VIDEOS & PODCASTS (CONTINUED)

DICE APPROACH ONLINE TRAINING PROGRAM

<https://diceapproach.com/>



BE LIGHT CARE

www.belightcare.com/social



DEMENTIA AND CAREGIVING RELATED BOOKS

DID I REMEMBER TO TELL YOU

by Pam Kovacs Johnson

THE CAREGIVER NOTEBOOK: TAKING CARE OF YOUR LOVED ONE WITH DEMENTIA AND YOURSELF (REACH BOOK)

by Jennifer Martindale-Adams, EdD, Robert Burns, MD, Linda O. Nichols, PhD

THE 36 HOUR DAY: A FAMILY GUIDE TO CARING FOR PEOPLE WHO HAVE ALZHEIMER'S DISEASE AND OTHER DEMENTIAS, 7TH ED.

by Nancy L. Mace, Peter V. Rabins, et al.

WHILE I STILL CAN

by Rick Phelps

CREATIVE CARE

by Anne Basting, PhD

CREATIVE ENGAGEMENT: A HANDBOOK OF ACTIVITIES FOR PEOPLE WITH DEMENTIA

by Rachael Wonderlin with Geri M. Lotze, PhD

LOCAL RESOURCES

ADVANCE CARE PLANNING IN COLORADO

<https://cdphe.colorado.gov/palliative-care/advance-care-planning-for-patients-and-families>



DEMENTIA FRIENDLY DENVER

<https://www.dementiafriendlydenver.org/>



COLORADO CARE PLANNING

<https://medschool.cuanschutz.edu/coloradocareplanning>



PARKINSON ASSOCIATION OF THE ROCKIES

Tel: 303-830-1839

<https://parkinsonrockies.org/>



NATIONAL RESOURCES AND ASSOCIATIONS

NATIONAL INSTITUTE OF AGING

<https://www.alzheimers.gov>



AARP FAMILY CAREGIVING

<https://www.aarp.org/home-family/caregiving/>



DEMENTIA SOCIETY OF AMERICA

<https://www.dementiasociety.org/>



DEMENTIA CAREGIVER ALLIANCE

<https://daanow.org/>



FAMILY CAREGIVER ALLIANCE

Tel: 800-445-8106

<https://www.caregiver.org/>



ALZHEIMER'S ASSOCIATION

Tel: 800-272-3900

<https://www.alz.org/>



LEWY BODY DEMENTIA ASSOCIATION

Tel: 800-539-9767

<https://www.lbda.org/>



DAVIS PHINNEY FOUNDATION

www.davisphinneyfoundation.org



For persons living with Parkinson's
and their family care partners.

THE ASSOCIATION FOR FRONTOTEMPORAL DEGENERATION

Tel: 866-507-7222

<https://www.theaftd.org/>



HOME SAFETY

HOME, DRIVING, AND GUN SAFETY

<https://www.safetyindementia.org>



DEMENTIA ENABLING ENVIRONMENTS

<http://www.enablingenvironments.com.au>



CDC FALLS

<https://www.cdc.gov/falls/about/index.html>



TRAVEL

DEMENTIA FRIENDLY AIRPORTS TOOL FOR TRAVEL

<https://www.dementiafriendlyairports.com/tools-for-travel.html>



RESOURCE HOME SAFETY CHECKLIST

<https://www.alz.org/getmedia/dc740fbd-9cdc-4b64-b274-9fc9ee4ec64e/alzheimers-dementia-home-safety-checklist.pdf>



TECH ENHANCED LIFE

<https://www.techenhancedlife.com>



BROTHERS REDEVELOPMENT

Housing Counseling & Home Modifications

<https://brothersredevelopment.org/>



SECTION 4: LONG-TERM CARE & HOSPICE

ASSISTANCE WITH LONG-TERM CARE PLACEMENT

HARMONY SENIOR REFERRALS

Tel: 303-888-8472; harmonyseniorreferrals.com



Help identify independent living, assisted living, memory care, or skilled nursing facilities. Cater to clients in the Denver Metro/Front Range area.

MILE HIGH SENIOR SOLUTIONS

Tel: 303-242-0612; milehighseniorsolutions.com/



a transition as smooth as possible.

The team at Mile High Senior Solutions help navigate senior living options and Medicaid planning. They specialize in personalizing a plan that will meet individual needs, and make

ASSISTED LIVING LOCATORS

Tel: 720-513-7125 (Ed and Jennifer Wagner)

<https://assistedlivinglocators.com/care-advisor/denver>



CAUTION:

Senior placement services are free and can be helpful, but some patients have reported spam calls and feeling pressured to decide. Since these services are not obligated to act with your best interest in mind, always do your own research before deciding.

CARE PATROL

Tel: 303-679-4935; www.carepatrol.com



Care Patrol is a trusted senior living placement organization with over 150 Certified Senior Advisors throughout the country. Care Patrol has local offices and assess each client's care level needs, financial needs, and general preferred locations. The agency will offer recommendations and tour facilities with you. Care Patrol can help find independent living, assisted living, memory care and in-home care options.

BESPOKE SENIOR SERVICES

Tel: 720-575-0236

<https://www.bespokeseniorservices.com/about>



Free help finding the best senior living, care, and resources that fit individual needs.

ALWAYS BEST CARE SENIOR SERVICES SENIOR LIVING REFERRAL SERVICES

Tel: 303-9523060

<https://alwaysbestcaredenver.com>



Provide care consultations and provide assistance with identifying and transitioning to independent living, assisted living, memory care, or skilled nursing facilities.

NATIONAL AGENCIES

AGING AT 5280

Tel: 303-495-6803; <https://www.agingat5280.com>



Provide wide range of services including assistance with identifying and transitioning to independent living, assisted living, or memory care, as well as help with real estate needs. Service area includes Denver, Aurora, Littleton, Centennial, and Parker.

MAINTAIN ME

Tel: 303-481-0051; <http://www.maintain-me.com>



Provide care consultations and provide assistance with identifying and transitioning to independent living, assisted living, or memory care.

NEXT STEPS SENIOR PLACEMENT

Tel: 720-515-8014; <https://www.nextstepssenior.com>



Provide assistance with identifying and transitioning to independent living, assisted living, or memory care in the state of Colorado.

CAUTION:

Senior placement services are free and can be helpful, but some patients have reported spam calls and feeling pressured to decide. Since these services are not obligated to act with your best interest in mind, always do your own research before deciding.



HOSPICE AND PALLIATIVE CARE

There are many hospice agencies. Please reach out to a social worker for help.

BERKLEY PALLIATIVE CARE AND HOSPICE

Tel: 303-758-2000

<https://www.berkleyhospice.com/>



Berkley Hospice offers palliative care, hospice care, as well as grief/bereavement counseling.

SILVER LININGS HOSPICE

Tel: (720) 502-4170

<https://silverliningshospice.com/>



Silver Linings specializes in hospice care to individuals in all types of scenarios .

DENVER HOSPICE AND PALLIATIVE CARE

Tel: 303-321-2828

<https://thedenverhospice.org/about/>



The Denver Hospice offers hospice and palliative care, as well as grief/ bereavement counseling .

TRU COMMUNITY CARE

Palliative Care — Tel: 303-449-7740

Hospice Care — Tel: 303-604-5272

<https://www.trucare.org/>



NAMASTE HEALTH

Denver Metro Tel: 720-575-5284

Grand County Tel: 970-676-2160

Boulder, Longmont, Ft. Collins Tel: 720-796-9578

<https://namaste-health.com/>



Provide Palliative Care, 24-Hour Home Care, and Hospice services in home setting. Serve the Denver Metro, Grand County, Longmont, Boulder, and Fort Collins areas.

ALL SEASONS HEALTH

Tel: 303-815-5133

<https://allseasonshealth.com>



Personalized primary, palliative, and hospice care provided in home setting



BEREAVEMENT AND GRIEF COUNSELING

BERKLEY PALLIATIVE CARE AND HOSPICE

Tel: 303-758-2000

<https://www.berkleyhospice.com/>



Berkley Hospice offers grief/bereavement counseling to all community members. Free Service.

THE HEARTLIGHT CENTER

Tel: 720-748-9908

<https://heartlightcenter.org/>



The Heartlight Center offers grief support groups. Meetings are available in-person and virtual. Group support options are free with a suggested donation of \$15.

THE DENVER HOSPICE

Tel: 303-321-2828

<https://thedenverhospice.org/about/>



The Denver Hospice offers Newly Bereaved Support Groups and other grief/bereavement counseling. Cost may be required for services.



ABOUT US



This resource guide was prepared by the
CU Medicine GUIDE Dementia Team.

For questions or comments

CONTACT US:

dementia.care@cuanschutz.edu

303-724-3141