



MONTHLY RATES FOR THE 2023-24 PLAN YEAR

COBRA Rates

Medical Plans	CU Health Plan - Exclusive		CU Health Plan - High Deductible		CU Health Plan - Kaiser	
	COBRA Rate	COBRA Disability	COBRA Rate	COBRA Disability	COBRA Rate	COBRA Disability
Employee Only	\$771.90	\$1,157.85	\$691.40	\$1,037.10	\$842.40	\$1,263.60
Employee + Spouse	\$1,607.40	\$2,411.10	\$1,399.90	\$2,099.85	\$1,755.40	\$2,633.10
Employee + Child(ren)	\$1,477.90	\$2,216.85	\$1,353.40	\$2,030.10	\$1,593.90	\$2,390.85
Family	\$2,366.40	\$3,549.60	\$2,116.40	\$3,174.60	\$2,570.40	\$3,855.60

Dental Plans	CU Health Plan - Essential Dental		CU Health Plan - Choice Dental	
	COBRA Rate	COBRA Disability	COBRA Rate	COBRA Disability
Employee Only	\$29.50	\$44.25	\$52.00	\$78.00
Employee + Spouse	\$59.00	\$88.50	\$104.00	\$156.00
Employee + Child(ren)	\$63.50	\$95.25	\$112.50	\$168.75
Family	\$92.50	\$138.75	\$164.00	\$246.00

MONTHLY RATES FOR THE 2023-24 PLAN YEAR

COBRA Rates

Vision Plans	CU Health Plan - Vision	
	COBRA Rate	COBRA Disability
Employee Only	\$6.25	\$9.38
Employee + Spouse	\$11.00	\$16.50
Employee + Child(ren)	\$11.75	\$17.63
Family	\$18.00	\$27.00